

# Heart 2 Heart With God COUNT YOUR BLESSINGS

"1. Bless the LORD O my soul: and all that is within me, bless his holy name. 2. Bless the LORD O my soul, and forget not all his benefits: 3. Who forgiveth all thine iniquities; who healeth all thy diseases: 4. Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies. 5. Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagles" (Psalms 103:1-5).

Thank the Lord for David whom our good Lord inspired to write this beautiful Psalm. Last week I was really down in my heart, especially to see the increase in this virus cases on the T. V News.

Most of us we know this Psalm by heart. We even say it out loud and thank and worship the Lord. But deep down in our hearts, when really we face challenges of the lives we shatter within, we become restless and down in heart and sometimes we are confused and tend to doubt the promises which our good God has spoken into our lives.

I remember that recently I found myself on my knees crying loudly before the Throne of grace calling on my Father Abba for His help at this so called time of pandemic, where we cannot see any ray of hope.

As I was on my knees, good God reminded me His promise: "For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end" (Jeremiah 29:11). "Behold, the LORD'S hand is not shortened, that it cannot save; neither his ear heavy that it cannot hear" (Isaiah 59:1). "And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you" (Joel 2:25). ".....For he saith, I will never leave thee, nor forsake thee" (Hebrews 13:5). Oh, glory! I just thanked the Lord for He reminded me His goodness and faithfulness in my life and in the lives of those who trust Him alone!

He made me to rise from my knees with the blessed hymn, and I started humming:

"When upon life's billows you are tempest tossed,  
When you are discouraged, thinking all is lost,  
Count your many blessings name them one by one.  
And it will surprise you what the Lord hath done.

Count your blessings, name them one by one  
Count your blessings; see what God hath done,  
Count your blessings; name them one by one,  
And it will surprise you what the Lord hath done.

I just took my note book in which I wrote God's blessings I received time to time and different men of God and churches testimonies of the goodness of the Lord in their lives. "I read one Pastor's testimony that how God helped the church to get millions of dollars when they were struggling to get rid of their debts. God's wonderful provisions!" Oh, glory! God is so good at all times! Let us count our blessings and name them one by one!

How important it is to count our blessings and name them one by one and stretch forth our helping hand to them who are suffering at this pandemic, especially underprivileged God's ministers and God's people!

May our good Lord continue to bless you and your families! Prema and I love you so dearly and pray for you daily! Write us for we love to hear from you!

Remember, **Jesus is Lord** and take with you **the Word of God and Faith**, excellent traveling Companions.  
(Psalms 119:105; II Corinthians 5:7).



**PRAY WITH US FOR:**

Let us turn to our brothers and sisters who need our helping hands!  
Kindly help us that we may be blessing to those suffering, hurtings!

**THANK YOU FOR  
YOUR PARTNERSHIP**